

## ***MY TREATMENT STORY TO HOLY FAMILY HOSPITAL – NEW DELHI, INDIA***

My treatment story started on the 20<sup>th</sup> December, 2017, when I had severe chest pain of sudden onset.

I could not breathe properly and had to stop walking. After about 10-15 minutes in non activity state, I felt a bit relieved, but alas, the pain and discomfort returned immediately I started to walk again.

I then realized I had a very serious problem and right away sort medical help from a local health facility.

I was then referred to a cardiologist in the Capital City about 125 Kilo Meters away. He did preliminary investigations and arrived at a diagnosis of Acute Myocardial Ischemia and put me on a cocktail of drugs to relieve the symptoms. The relief was not much hence I decided to see another Cardiologist who made same diagnosis, continued the same treatment but advised that I needed to be referred to a specialized facility in India. I contacted a number of friends who suggested various hospitals in India (including the cost of treatment and the standards of care). Having worked from Mission Health Facilities myself for more than Seventeen years, when the name Holy Family Hospital was mentioned as one of the facilities where I could find help, I without hesitation googled and got their contact email address.

They responded very promptly and later on arrangements were made for my trip.

I arrived in India on the 14<sup>th</sup> February, 2018 around 09:30 AM. The Hospital through the Public Relations Manager had sent someone to receive and welcome me and my traveling companion (wife) from New Delhi International Airport.

We arrived at the Hospital around 12: 15 PM and were very well received. Within 10-15 minutes of our arrival, I was admitted to hospital. Preliminary investigations were right away done and I was booked for further diagnostic investigation –Coronary Angiogram for the next day.

The above took place at 2:00 PM on the 15<sup>th</sup> February. Later on the Cardiology team advised the need for a stent fixation which was done immediately after angiogram showed coronary artery obstruction.

This was successfully done and I had to spend the first night after the procedure in Critical Care Unit.

### ***CARE AND ATTITUDE OF ALL STAFFS***

Right from my arrival at the Airport through to the reception at the hospital and during my 6 days stay at the Hospital I can sincerely say that the staffs of Holy Family Hospital were very friendly, compassionate and worked as a team to ensure excellent patient care best possible was rendered to me and other clients.

My stay was one that I shall live to remember and leaves very good memories of the Church, the peoples and now may I say of friends of mine I found in India. In deed there I found a true **HOLY FAMILY**.

I will therefore not hesitate to recommend anyone whom I may meet needing similar care to consider **HOLY FAMILY HOSPITAL** of New Delhi, India.

If it can be possible either through the Church or the Zambian Mission in New Delhi I would suggest Medical visits to some of the Mission Hospitals in my country by the Cardiology team.

While I was among the fortunate few to manage to travel to India for treatment, many with similar condition like mine are still suffering.

I can be contacted should this request or suggestion be possible in future.



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